

COON RAPIDS MITE & U8's PROGRAM

2009 - 2010 SEASON

LEVELS

There will be 3 levels of play for the 2009-2010 season. A, B & C Mites.

A Mites: Usually first year beginning players that fit into first year skill level Play.

B Mites: For players that have some playing experience.

C Mites is for the advanced Mite players.

There is no guarantee that your player will move up a level each year.

Players will be broken up based on skill level not age or years played.

Evaluation

All players must be evaluated on Saturday, Nov. 14th to determine which level they will play at for the 2009-2010 Season.

NOTIFICATION

All players will be called by the week of Nov. 16th to be told what level and team they will play for. Practices will begin following your phone call in November. A Mites begin to practice with other A Mite teams and begin to do Hockey Scrimmaging during the practices as they progress. The A Mites will then have a combination of in house games scheduled as game days. They will also have some limited games with other outside organizations and a year end in house tournament. The mites will begin their practice schedule Nov. 21st with a full game schedule to follow.

EQUIPMENT

Each Player must have Hockey Skates, Helmet with a facemask and mouth guard, Elbow Pads, Shin Pads, Hockey Gloves, & Hockey Stick.

SKILLS PROGRAM

October 17th - November 15th

There are 4 separate ice times scheduled for this year's "Skills session" for all Mite players. The first two sets of ice times are for first year Mites. We will be asking that all first year Mites report to the 12:30 p.m. ice time on Oct. 17th. We will then divide the group into two sessions for the remainder of Skills. The third ice time is set for all returning A Mites and U8 Girls. The last ice time of the day will be for returning B & C Mites. Note: The U8 girls will report to the rink at 2:10 p.m. on Sat. Oct. 17th. We will then be asking some of the U8 players based on skill level to skate in the last session of the day with the B & C Mites. Note: Coaches will be speaking to parents and moving players to different sessions based on skill levels. Remember; "Skills" is a tool for the coaches to evaluate each player to insure that He/She is playing at the proper level to maximize their fun and development and overall experience for the 2009-2010 season.

STAFF

Wendell Ball & Coon Rapids Youth Coaches

CONTACT

Wendell Ball

C.R.Y.H.A - House Director

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ICE TIMES FOR SKILLS

FIRST YEAR PLAYERS

1A) Saturday, Oct.17 th	12:30 pm - 1:15 pm @ Cook (First Session)
1B) Saturday, Oct 17 th	1:15 pm -2:00 pm @ Cook (Second Session)
2A) Sunday, Oct 18 th	11:30 am - 12:15 pm @ Cook (First Session)
2B) Sunday, Oct 18 th	12:15 pm - 1:00 pm @ Cook (Second Session)
3A) Saturday, Oct.24 th	12:30 pm -1:15 pm @ Cook (first session)
3B) Saturday, Oct.24 th	1:15 pm - 2:00 pm @ Cook (Second Session)
4A) Sunday, Oct. 25 th	11:30 am - 12:15 pm @ Cook (First Session)
4B) Sunday, Oct. 25 th	12:15 pm - 1:00 pm @ Cook (Second Session)
5A) SATURDAY, OCT. 31 ST	12:30 pm - 1:15 pm @ Cook (First Session)
5B) SATURDAY, OCT. 31 ST	1:15 pm -2:00 pm @ Cook (Second Session)
6A) Sunday, Nov. 1 st	11:30 am - 12:15 pm @ Cook (First Session)
6B) Sunday, Nov. 1 st	12:15 pm - 1:00 pm @ Cook (Second Session)
7A) Saturday, Nov 7 th	12:30 pm - 1:15 pm @ Cook (First Session)
7B) Saturday, Nov 7 th	1:15 pm -2:00 pm @ Cook (Second Session)
8A) Sunday, Nov 8 th	11:30 am - 12:15 pm @ Cook (First Session)
8B) Sunday, Nov 8 th	12:15 pm - 1:00 pm @ Cook (Second Session)
9A) Saturday, Nov 14 th	12:30 pm - 1:15 pm @ Cook (First Session) - Evaluations
9B) Saturday, Nov 14 th	12:30 pm - 1:15 pm @ Cook (Second Session) - Evaluations
10A) Sunday, Nov 15 th	No Ice
10B) Sunday, Nov 15 th	No Ice

RETURNING A MITES

1. Saturday, Oct 17 TH	2:10 pm -3:10 pm @ Cook
2. Sunday, Oct 18 th	1:10 pm - 2:10 pm @ Cook
3. Saturday, Oct 24 th	2:10 pm - 3:10 pm @ Cook
4. Sunday, Oct 25 th	1:10 pm - 2:10 pm @ Cook
5. Saturday, Oct. 31 st	2:10 pm - 3:10 pm @ Cook
6. Sunday, Nov. 1 st	1:10 pm - 2:10 pm @ Cook
7. Saturday, Nov 7 th	2:10 pm - 3:10 pm @ Cook
8. Sunday, Nov 8 th	1:10 pm - 2:10 pm @ Cook
9. Saturday, Nov 14 th	1:15 pm - 2:00 pm @ Cook - Evaluations
10. Sunday Nov 15 th	No Ice

RETURNING B & C MITES

1. Saturday, Oct 17 th	3:20 pm - 4:20 pm @ Cook
2. Sunday, Oct 18 th	2:20 pm - 3:20 pm @ Cook
3. Saturday, Oct 24 th	3:20 pm - 4:20 pm @ Cook
4. Sunday, Oct 25 th	2:20 pm - 3:20 pm @ Cook
5. Saturday, Oct, 31 st	3:20 pm - 4:20 pm @ Cook
6. Sunday, Nov. 1 st	2:20 pm - 3:20 pm @ Cook
7. Saturday, Nov 7 th	3:20 pm - 4:20 pm @ Cook
8. Sunday, Nov 8 th	2:20 pm - 3:20 pm @ Cook
9. Saturday, Nov 14 th	2:10 pm - 4:20 pm @ Cook - Evaluations and Scrimmage
10. Sunday Nov 15 th	No Ice