



Dryland Training Facility

MISSION:

The Coon Rapids Youth Hockey Dryland Training program will be designed to develop both the recreational and advanced player with the following objectives:

- ❖ to develop / enhance the fundamental skills of skating, passing, stick handling and shooting.
- ❖ to create an opportunity for players and coaches to learn and implement player development, training programs and strategies of the game.
- ❖ to promote the fun and passion of the game.
- ❖ to teach the concepts of team work, fair play, fitness, safety and the importance of a positive attitude and competitive spirit.
- ❖ to provide a meaningful and memorable experience for all who attend.

Hours of Operation: Mon-Fri (when school is in session) 3:00pm-10:00pm; Sat & Sun 8:00am-10:00pm
Mon-Fri (when school is not in session) 8:00am-10:00pm, Sat & Sun 8:00am-10:00pm

General Rules of the Training Room:

It will be the responsibility of the head coach and their staff to administer the rules while in the facility..

- No tape on hockey sticks
- No other pucks to be used other than the non-skid ones provided
- No wet/dirty shoes – players must bring a pair of dry shoes to use inside the facility
- No food or beverages (except water) allowed at any time in the room
- No unauthorized personnel allowed (only players and coaches allowed)
- USA Hockey certified coaches must be present at all times (kids may not enter the facility without a trained coach present)
- Absolutely no Horseplay
- No spitting
- At the end of each training session:
 - All equipment must be returned to its proper location
 - Facility must be clean prior to the team leaving (this includes bathroom area)
- Remember this is a volunteer run facility – please make sure floor is clean of dirt and residue. Brooms, mops and cleaning supplies are located in or near the bathroom.
- Keep entry ways clear and clean, this includes shoveling snow near the door if needed.

Scheduling the Facility:

All coaches and assistants must sign the Agreement to Use form prior to using the facility. Sign up to be done on the CRYHA website in 1 hour time increments. The key can be picked up from the attendant at Cook Arena. The key needs to be returned to the attendant following your session.

Miscellaneous:

Please report any violations or issues with the facility to Duane Leazott at (612) 791-0875 or John Keller at (612) 759-7199.